



## SCHEDULE – 40 Continuing Education Contact Hours

### Wednesday, February 20 .....

1:00 p.m.-7:00 p.m.  
Conference Registration

1:00 p.m.-9:15 p.m.  
CME Sign-in and Sign-out

2:00 p.m.-3:30 p.m. | 1.5 CECH

Human Trafficking – Awareness and Resources

*Laura Starzynski, Ph.D, Criminal Justice Department, Wayne State University*

This lecture will provide the specific definitions for what human trafficking truly is and how to recognize the signs of victims of human trafficking. Resources of the places and individuals to call if human trafficking is witnessed will be shared.

*This lecture qualifies for 1.5 hours of human trafficking education.*

3:30 p.m.-3:45 p.m.  
Break

3:45 p.m.-4:45 p.m. | 1 CECH  
Data Security and Your Practice  
*Mark Wayne*

This session will cover the following:

- The evolution of cybercrime and its daily impact on your practice.
- Cyber threats to your practice, patients and patient information (cyber and physical).
- Compare and contrast PII, PCI and HIPAA.
- Achieving and maintaining PCI Compliance.
- Leveraging PCI Compliance to meet HIPAA/HITECH requirements.
- Best practices to protect your office from compromise.
- Critical preparation to save your practice post compromise.

4:45 p.m.-5:45 p.m. | 1 CECH

Foot Care: Coding, Compliance and Documentation

*Jeffrey Lehrman, DPM*

No more guessing! We will discuss proper coding as well as compliance and documentation for all types of foot care. Proper documentation for the purposes of thoroughness, continuity of care, and managing your risk will be detailed. Attention will be given to the region's Local Coverage Determination.

Learning Objectives:

1. List the seven CPT codes for foot care.
2. Differentiate between “routine foot care” and “nail debridement.”
3. List the points of documentation necessary for thoroughness, continuity of care and risk management.

*PICA insured podiatrists attending this one-hour presentation are eligible to receive a one-year, 10 percent risk premium credit.*

5:45 p.m.-6:45 p.m. | 1 CECH

Compliance – The New Dirty Word for Podiatry Practice

*Michael Schey, DPM*

This presentation will lay out the new world of mandatory compliance requirements for current practices in Michigan. This will include an actual case study of a real and current occurrence with OGHA. The takeaway from this presentation is that prevention is better than an audit by federal, state or local authorities.

6:45 p.m.-7:00 p.m.

Break

7:00 p.m.-9:00 p.m. | 2 CECH

Fireside Chat: Scope of Practice

*Crystal Holmes, DPM, Zeeshan Husain, DPM, Randy Kaplan, DPM and Kevan Kreitman, DPM*

Public Act 355 of 2018 was signed into law by Governor Rick Snyder in November 2018. This new law updates the scope of practice for podiatrists practicing in Michigan.

Join us to learn how this new law impacts how you care for patients specifically dealing with:

- Treatment of rearfoot and ankle trauma.
- Venous stasis ulcers.
- Lower leg wounds.
- Other procedures where working above the ankle is necessary.

## Thursday, February 21 .....

6:30 a.m.-5:30 p.m.

Conference Registration

6:30 a.m.-6:45 p.m.

CME Sign-in and Sign-out

7:00 a.m.-4:30 p.m.

Exhibit Hall Open

7:00 a.m.-8:00 a.m. | 1 CECH

Diabetic Foot Ulcers

*Jeffrey Lehrman, DPM*

This lecture will address the morbidity, mortality, and costs associated with diabetic foot ulcers and how using cellular and tissue-based products for wounds can help with treating these ulcers. Treatment options and the coding, compliance, and documentation requirements that are associated with use of these products will also be discussed.

8:00 a.m.-9:00 a.m. | 1 CECH

Active vs. Resting? Neither Matter Without Compliance!

*Jeffrey Lehrman, DPM*

Learning Objectives:

1. Compare different compression garment options.
2. Identify the recurrence rate of stasis ulcers and how we can improve on this.
3. Recognize the importance of compression in healing different types of ulcers.

9:00 a.m.-10:00 a.m. | 1 CECH

Venous Disease and the Podiatric Physician: Primer and Updates

*Steven K. Wang, MD*

We will discuss various aspects of venous disease and how they apply to podiatric medicine. Topics will include diagnosis and treatment of venous insufficiency, venous thrombosis, and neurologic sequelae of venous disease.

10:00 a.m.-10:30 a.m.

Visit Exhibitors

10:30 a.m.-11:15 a.m. | 0.75 CECH

PAD: What Podiatrists Need to Know

*Mustafa Hashem, MD*

This lecture will instruct the podiatrist on how to approach critical and non-critical leg ischemia to save the foot.

11:15 a.m.-12:00 p.m. | 0.75 CECH

Diabetic Vasculopathy

*Thomas Gazdecki, DO*

Diabetic Vasculopathy as it pertains to the diabetic foot will be discussed.

12:00 p.m.-1:15 p.m.  
Lunch | Visit Exhibitors

1:15 p.m.-2:15 p.m. | 1 CECH  
Lower Extremity Skin Cancer: 10-Year Review of 15,000 Podiatry Malignancies  
*William P. Scherer, DPM, MS*

This session will provide an overview of skin cancer, risk factors, basal cell carcinoma, squamous cell carcinoma, malignant melanoma, kaposi sarcoma, soft tissue sarcoma, monthly and yearly statistics, death rates, survivability, biopsy techniques, and a ten-year cancer report from 7,000 podiatrists diagnosing 15,000 lower extremity malignancies.

2:15 p.m.-3:15 p.m. | 1 CECH  
Advanced Cryopreserved and Lyophilized Viable Biologics in Wound Healing  
*R. Daniel Davis, DPM*

Learning Objectives:

1. Understand the technology of cryopreserved placental and umbilical tissues.
2. Understand the new technology of Prestige Lyophilized placental tissues.
3. Present a unique application technique of viable placental products.
4. Understand the technology of mesenchymal stem cells and their use in wound healing.

3:15 p.m.-4:15 p.m. | 1 CECH  
If You Can Touch It, You Can Treat It  
*Hassan Syed*

This lecture will address drug concentration delivered to site of action—oral vs. topical. In addition, it will cover the topical delivery of pain therapies and anti-infectives, as well as the polymicrobial nature of biofilms with chronic wounds.

*This lecture qualifies for 1 hour of pain management education.*

4:15 p.m.-4:30 p.m.  
Break

4:30 p.m.-5:30 p.m. | 1 CECH  
Current Concepts in Physical Therapy Management of Podiatry Patients  
*Mark Sirois, PT, MHS*

Physical therapy is an option to relieve pain in podiatry patients, instead of narcotics. This lecture will address some of the current concepts the podiatrist can offer through the therapist to treat pain and increase function.

*This lecture qualifies for 1 hour of pain management education.*

Learning Objectives:

1. Upon completion of this lecture, participants will have an understanding of the following.
2. The benefit of functional movement assessments (Selective Functional Movement Assessment, 3DMAPS, etc.) in a comprehensive and function-based PT program for podiatry patients.
3. Physical therapy management of mobility restrictions through articular-based approach compared with soft tissue-based approach. Understand joint mobilization and instrument assisted soft tissue mobilization techniques – Graston Technique (GT), ASTYM, and Active Release Technique (ART).

Current techniques for restoring strength and motor control, including Blood Flow Restriction (BFR) training, Reactive Neuromuscular Training (RNT), eccentric strengthening, and traditional progressive resistance exercise (PREs) and the appropriate use of each technique.

*This lecture qualifies for 1 hour of pain management education.*

5:30 p.m.-6:30 p.m. | 1 CECH  
DEA's Diversion Control Program and Michigan's Drug Trends  
*Jackie Honoway, Diversion Investigator, Drug Enforcement Administration Detroit Field Division*

This lecture will provide an overview of the opioid epidemic and its impact on society; describe DEA's Diversion Control Division mission (CSA's closed system of distribution and how DEA combats controlled substance diversion); and identify current drug trends (present Michigan drug data and identify drugs of concern).

*This lecture qualifies for 1 hour of pain management education.*

6:30 p.m.-8:00 p.m.  
Scope of Practice Celebration Reception

In November, legislation was signed to update the scope of practice for Michigan Podiatrists. MPMA's role was instrumental. Join us to celebrate this landmark legislation!

## Friday, February 22 .....

6:30 a.m.-5:00 p.m.  
Conference Registration

6:30 a.m.-8:15 p.m.  
CME Sign-in and Sign-out

7:00 a.m.-4:30 p.m.  
Exhibit Hall Open

7:00 a.m.-8:00 a.m. | 1 CECH  
MIPS 2019: What You Need to Know to be Successful and Avoid Penalty  
*Alan Bass, DPM*

Attendees will gain understanding of the 2019 Quality Payment Program is, how it differs from 2018, the benefits to participating, and the penalties that will be imposed if they do not participate.

8:00 a.m.-9:00 a.m. | 1 CECH  
Office Protocols  
*Alan Bass, DPM*

This lecture will address essential office protocols, why they are important to use and how will they improve patient outcomes.

9:00 a.m.-9:30 a.m.  
Break

9:00 a.m.-10:30 a.m.  
Past President's Breakfast

9:30 a.m.-10:30 a.m. | 1 CECH  
Physician Burnout: A Medical Pandemic  
*John Evans, DPM*

Physician Burnout is increasingly a concern of the medical community; up to 60% of physicians suffer episodes (the highest rates of "burnout" among all U.S. workers) and is considered a pandemic affecting our medical system. Consequences include a poorer physician quality of life, multiple physical and emotional ailments, and higher costs to the medical system with many professionals leaving the profession and fewer choosing to enter it. Patient care is also affected, with burnout increasing risk of medical error, poorer patient communication interactions, and an overall reduction in patient care and outcomes. Significant research is currently being aimed at this disorder as the number of physicians dealing with burnout continues to grow.

During this presentation, we will review the issues associated with Physician Burnout, while discussing the potential causes leading to its development, including the psychological basis of why it occurs. We will review theories founded in cognitive and evolutionally psychology that lead to the emotional foundation for this disorder.

Understanding how the mind works can be extremely useful in helping us deal with the pressures leading to Physician Burnout; a more thorough comprehension of this disorder will allow us to discover techniques aimed at reducing potentially devastating factors.

Possible "antidotes" and "treatment" options for this stress-based condition will be presented. These techniques will offer physicians the ability to reduce their stress, and in return improve patient care, reduce medical mistakes, and therefore relieve the significant strain this disorder has on the medical system and its effect on patient risk management.

10:30 a.m.-11:30 a.m. | 1 CECH  
Pharmacology of Antiplatelet and Anticoagulant Therapy and Their Significance in PAD - The COMPASS Trial  
*John Evans, DPM*

A discussion of the pharmacology of antiplatelet and anticoagulant agents and their impact on peripheral vascular disease by addressing the pathophysiology of the disease. A clinical research project - the COMPASS Trial - utilizes combination therapy of both agents, and shows significant promise in treating PAD in a way that is unique and unfamiliar to podiatry. By reviewing the pharmacology of these agents, our physicians will have additional information regarding the treatment of PAD, and potential therapy regimens for limb salvage and wound care.

11:45 a.m.-1:15 p.m.  
Randy K. Kaplan, DPM Legislative Lunch

1:30 p.m.-2:30 p.m. | 1 CECH

Metabolic Syndrome

*Anthony Giordano, DPM*

This lecture will address how our current Western diet (added sugars and processed food) leads to multiple disease states, including diabetes, heart disease and the epidemic of obesity. Strategies to combat this problem will be discussed.

1:30 p.m.-4:30 p.m. | 3 CECH

Adult CPR/AED Certification Course

*There is an additional fee to attend.*

2:30 p.m.-3:30 p.m. | 1 CECH

Musculoskeletal Ultrasound of the Ankle and Foot

*Rachel B. Hulen, MD, R-MSK*

Basic concepts in imaging of the foot and ankle with ultrasound including selection of imaging modality and evaluation of common pathology.

3:30 p.m.-3:45 p.m.

Break

3:45 p.m.-4:45 p.m. | 1 CECH

Podiatric Imaging: Interesting Cases

*Brian Sabb, DO*

The podiatric physician will review normal foot and ankle anatomy, as well as review common and uncommon radiographic and MRI pathology.

4:45 p.m.-5:45 p.m. | 1 CECH

Infectious Disease Update

*Rama Thyagarajan, MD*

This lecture will address current infectious disease issues including Hepatitis A. It will also address new antibiotics and a need for stewardship pertaining to foot infections.

6:00 p.m.-8:00 p.m. | 2 CECH

Fireside Chat: Maximize Your Office's Potential

*Alan Bass, DPM and Jeffrey Frederick, DPM*

Use the necessary modern tools and processes to increase patient outcomes and increase efficiencies. Many offices get stuck in how things have always been and miss the opportunities to improve operations. Dr. Alan Bass and Dr. Jeff Frederick lay out a road map of success including the basic root changes along with mitigating the risks needed to take advantage of what the best practices do so well.

Learning Objectives:

1. Increase patient outcomes, patient satisfaction, staff participation and the doctor/manager awareness necessary to change root causes of stagnation and mediocrity.
2. Gain insight into the common tools and characteristics of effective offices and best practice protocols.

**Saturday, February 23** .....

6:30 a.m.-5:00 p.m.

Conference Registration

6:30 a.m.-8:15 p.m.

CME Sign-in and Sign-out

7:00 a.m.-12:00 p.m.

Exhibit Hall Open

8:00 a.m.-11:00 a.m.

Student Recruitment Seminar: Discover Podiatric Medicine

7:00 a.m.-7:30 a.m. | .5 CECH

Pre-Operative Workup

*Anthony Giordano, DPM*

Pre-operative factors prior to surgery, when to obtain proper medical clearance, how to optimize patients medically pre-operatively, review outcomes of smoking and diabetes on post-operative results.

7:30 a.m.-8:00 a.m. | .5 CECH

Myth Buster: Steroids

*Joshua Rhodenizer, DPM*

Literature review on frequency and quantity of steroids given, systemic effects of injected steroids, what are outcome results of steroid utilization on various common foot conditions.

8:00 a.m.-8:45 a.m. | .75 CECH

Plantar Fasciitis: Evidence-Based Literature

*Tomasz Biernacki, DPM*

Literature review of outcome studies on conservative and surgical management of plantar fasciitis, review validated algorithms for plantar fasciitis treatment guidelines, choosing the appropriate surgical procedure(s) for plantar fasciitis.

8:45 a.m.-9:00 a.m.

Break

9:00 a.m.-10:15 a.m. | 1.25 CECH

Hallux Limitus Surgical Procedures

*Andrew Cohen, DPM, Anthony Giordano, DPM, Zeeshan S. Husain, DPM and Ryan Ohlgart, DPM, Joshua Rhodenizer, DPM*

Learning Objectives:

1. Surgical tips for cheilectomy, indications for procedure, avoiding potential complications.
2. Surgical tips for hallux limitus osteotomies, indications for procedure, avoiding potential complications.
3. Surgical tips for arthrodesis, indications for procedure, avoiding potential complications.
4. Surgical tips for joint replacement arthroplasty, indications for procedure, avoiding potential complications.

10:15 a.m.-10:30 a.m.

Break

10:30 a.m.-11:45 a.m. | 1.25 CECH

Hallux Valgus Surgical Procedures

*Andrew Cohen, DPM, Anthony Giordano, DPM, Zeeshan S. Husain, DPM, and Brian Loder, DPM.*

Learning Objectives:

1. Surgical tips for hallux valgus head osteotomies, indications for procedure, avoiding potential complications.
2. Surgical tips for Lapidus bunionectomy, indications for procedure, avoiding potential complications.
3. Surgical tips for hallux valgus surgical techniques, avoiding potential complications.

12:00 p.m.-1:15 p.m.

Luncheon

1:30 p.m.-3:30 p.m.

Annual Membership Meeting

3:45 p.m.-5:00 p.m. | 1.25 CECH

Foot Osseous Trauma

*Joshua Faley, DPM, Matthew German, DPM, and Zeeshan S. Husain, DPM*

Learning Objectives:

1. Surgical review of ORIF of LisFranc fractures, review literature on outcome studies.
2. Surgical review of primary arthrodesis of LisFranc fractures, review literature on outcome studies.
3. Surgical review of ORIF of calcaneal fractures, review literature on outcome studies.
4. Surgical review of minimally-invasive techniques for calcaneal fractures, review literature on outcome studies.

5:00 p.m.-5:15 p.m.

Break

5:15 p.m.-6:15 p.m. | 1 CECH

Tendon Procedures for the Foot and Leg

*John Harris, DPM, Zeeshan S. Husain, DPM, David Waters, DPM, FACFAS, Tad Sprunger, DPM*

Learning Objectives:

1. Surgical review of open Achilles tendon repair, review literature on outcome studies.
2. Surgical review of minimally-invasive techniques for Achilles tendon repair, review literature on outcome studies.
3. Surgical techniques and indications for tendon transfers of the foot, indications for procedures.

6:30 p.m.-8:00 p.m. | 1.5 CECH

Surgical Hands-on Workshop

*Zeeshan S. Husain, DPM*

Hands-on workshop to review bunion surgical techniques, midfoot fusions, and rearfoot procedures.

**Sunday, February 24** .....

6:30 a.m.-11:00 a.m.

Conference Registration

6:30 a.m.-1:30 p.m.

CME Sign-in and Sign-out

7:00 a.m.-10:00 a.m. | 3 CECH

Abstract Presentations

*Zeeshan S. Husain, DPM (Moderator)*

Learning Objectives:

1. Understand surgical treatment options for various forefoot and rearfoot pathologies.
2. Current treatment options for various forefoot and rearfoot pathologies.
3. Managing complications.
4. Review case samples.

10:00 a.m.-10:15 a.m.

Break

10:15 a.m.-1:15 a.m. | 3 CECH

Kaplan-Kanat Memorial Lecture: From Confounding Digital Deformity to the Charcot Foot

*Molly S. Judge, DPM, FACFAS*

The world of podiatry contends with challenges in every complex foot. This lecture will address the following:

1. The science behind the Charcot joint.
2. 2nd MTPJ dysfunction.
3. Gaping wounds of the foot and ankle - the Vessel Loop Wound Closure Technique
4. The Suture Button Stabilization Technique for the lesser MTPJs.
5. The four-stage approach to the Charcot patient.